

## SAGE-ING® LEGACY PROGRAM

### DEATH AS HOMECOMING – Life is the Answer

When we recognize that life is finite we are challenged to live each moment fully and to accept the gift of our soul's breath as our most treasured asset. This foundational course focuses on facing our mortality and learning how to re-prioritize and redefine the values in OUR lives.

Using processes and tools that take us into the imaginal realm, we will visit the end of our life to explore medical and ethical choices and the psycho-spiritual obstacles to a 'beautiful death.' We will encounter the Soul, and what mystical traditions teach us about the journey our soul takes before, during and after this lifetime.

Each of us will write our own deathbed confession (known as the vidui in Jewish tradition) and begin the process of writing a Spiritual-Ethical Will. You will come away from this experience with a greater appreciation and deeper understanding of this one precious life.

Taught by **Lucinda Kurtz**, M.A., a Brennan Healing Science Practitioner and Sage-ing® Mentor – *Vatika* – committed to teaching the sage-ing path to people of all ages and perspectives; and

**Oran Hesterman**, Ph.D., President & CEO, Fair Food Network and Sage-ing® Mentor – *Vatik*. Oran is committed to weaving together his professional work in sustainable food systems and his dedication to caring for others and the earth in keeping with the traditions and ethics of justice rooted in his Jewish heritage.



#### SIX WEEKLY SESSIONS

**TUESDAYS**, January 25 – March 1, 2022

Class Time: 5–7 PM Eastern

(4–6pm Central / 3–5pm Mountain / 2–4pm Pacific)

#### FEES

*With the generosity of our sponsor, we are able to reduce the fees for this class.*

Tuition + scholarship assistance\*: \$275 | Tuition only\*\*: \$250

Tuition, registering with a friend/partner: \$235/each | Tuition, registering a group of four: \$220/each

\* We are grateful for your generosity. When you are able to contribute to the scholarship fund, you make it possible for our programs to be available to all.

\*\*The Sage-ing® Legacy Program offers limited financial aid. Please reach out if you wish to participate in any of our programs and are unable to pay the full tuition.

#### LEARN MORE AND REGISTER:

[yerusha.org/sage-ing/death-homecoming-life-answer](http://yerusha.org/sage-ing/death-homecoming-life-answer)

CONTACT US: [slp@yerusha.org](mailto:slp@yerusha.org) • [yerusha.org](http://yerusha.org)