



TAO . The South Florida Center for Jewish Renewal

Temple Adath Or - Welcome Home. Welcome to Meaningful, Joyful Judaism.

welcome *home*.
welcome to *joyful* judaism.

Phone: 954-888-1408 · Fax: 954-888-1407 · Email: TAOadmin@TAOcenter.net
10200 W. State Road 84, Suite 218 · Davie, FL 33324 · www.TAOcenter.net

Upcoming Programs & Events

TAO Events to Schedule
Feb 25, 2010

New this Week...

Shabbaton - Saturday, Feb. 27

FREE Members Only Event!

Begin Shabbaton on March 27 by joining us for Saturday morning services at 10:30 a.m. The morning Oneg is sponsored by **Carole Constad** in honor of the marriage of her son, Andy, to Tracey Joseph and the Bar Mitzvah of her grandson, Toby.



Rejoin us at 7:00 p.m. for our **Purim Havdallah** also at Rabbi Marc & Paulina's. [Barry Delicious Desserts & Catering](#) is donating *some* gourmet desserts for our Havdallah. Please thank them and make sure to

still **bring desserts and libations for this potluck event...** and have fun... **wear a costume** if you choose.

Mini Meditation Retreat – Mar. 7

2:30 - 8:30 p.m. - [Print flyer](#)

TAO and the Broward Lotus Sangha are co-hosting a Meditation Mini-Retreat with Rabbi Jeff Roth.

Rabbi Jeff Roth is founder and director of the Awakened Heart Project for Contemplative Judaism. His teachings offer a fresh take on meditation that focuses on using the distilled wisdom of Judaism and Buddhism as a way to learn from life experience. By combining these two traditions, he presents a model that allows Westerners - Jews and non-Jews - to

Next Service

Saturday, February 27

Learn the Friday night Shabbos prayers. Click here to print [Prayer book](#).

Today's Parsha

Feb 25, 2010 - 114 Adar 5770
Tetzaveh: Exodus: 27:20-30:10

"Shabbat Zachor occurs on the shabbat preceding Purim. Its special Maftir reading contains the command, 'Remember what Amalek did to you on your way out of Egypt.'"

Wisdom by Rabbi Shoni Labowitz

Remember in the pauses throughout the day to rediscover your uniqueness and reactivate your light.

Reprinted from "Miraculous Living" Calendar. Special thanks to Dr. Lisa J. Sirota-Weiner.

embrace timeless Eastern teachings without sacrificing their birth traditions. Through didactic presentations and the time to practice with the teachings, participants will learn the basic skills needed to continue practice on their own.

TAO and BLS member Emunah (contact info below) is one of Jeff's enthusiastic students and has participated in several retreats with him. She will be happy to answer any questions you may have.

Fee: \$12.00 (a simple vegetarian dinner included)

Location: ArtServe, 1350 East Sunrise Blvd., Fort Lauderdale, FL

For more info and to register: Contact Emunah Herzog (954) 940-0563 or Emunahh@aol.com.

Additional information:

www.AwakenedHeartProject.org

www.BrowardLotusSangha.org.

Lost & Found

Navy trench coat with zippered lining, Newport Harbor

I just found this coat that at some point in time, someone left at my house. It is a woman's large or extra large. If it's yours, contact me: Jenae, 954-290-9896. I'll hold it until the end of March and then donate it to a charity.

When's Your Birthday?

We'd like to help celebrate your birthday

Click here to [email](#) your birth date to us (we don't need the year).

Road Rally Details - March 20



You had so much fun last year. Well "gear up" for more fun this year! As always, the destination's a surprise, but meet us in the Bank Atlantic parking lot at 10299 Royal Palm in Coral Springs at 6 p.m., and you'll "figure" your way to a fabulous dinner and have great, great fun en route.

This fun evening (which includes a sumptuous dinner) is only \$36 for members and \$40 for non-members.

Win a 36" Hi Definition TV!

Welcome to TAO

At TAO, you find joy, meaning & purpose to life. We identify universal truths rooted in Torah, Kabbalah and other traditional Jewish sources and draw deeply on our inner truths, communal wisdom and spiritual traditions in accordance with the ongoing process of the living Torah.

Meditation, dance, chanting, song and music, present in Judaism throughout the ages, is an integral part of our services.

Join us and embark on a spiritual journey into your Jewish soul!

Mazel Tov

To **Henrietta and Robert Schwartz** on their recent marriage.

Condolences

To Valerie Jaquith and Herb Berman on the loss of their mother and wife, **Diane Blank**, a former member.

To friends and family of **Barbara Berg** on her recent passing.

To **Irene Yovu** and her family on the passing of her father Harry Feder. Irene asks that donations in memory of her father be made to TAO. Please offer your love, support and prayers to Irene and her entire family.

Send a Mitzvah [Card](#) to Bless a Memory or
Make a [Donation](#) in memory of.

\$18 - One Chance
\$36 - FIVE Chances... and
\$54 - EIGHTEEN Chances. You do not have to be present to win...

So Click "Register Now" link below to get your raffle tickets.

Bring your friends! [Register now](#). More details in article below.

Coming up...

Feb 27 - Saturday Shabbas Service
Feb 27 - Purim Havdallah - Costumes, Dessert Pot Luck
Mar 2 - Wisdom Class
Mar 4 - Men's Spirituality Group #2

More this month...

Mar 7 - Meditation Mini Retreat
Mar 11 - Men's Spirituality Group #3
Mar 13 - Saturday Morning Retreat
Mar 18 - Women's Spirituality Group
Mar 18 - Men's Spirituality Group #4
Mar 20 - Road Rally - [Register now](#)

Click [here](#) to print a copy of the TAO calendar to post on your refrigerator.

For your information...

Click and Go! Click any item "In this Issue" below, and you will go there directly.

Forward a copy of this email to friends and family who will enjoy TAO.

To unsubscribe, simply click SafeUnsubscribe on the bottom.

In This Issue

[Mar 20 - Road Rally - Register Now!](#)

[Classified: Vacation to Peru & Nepal/Bhutan](#)

[Feb 25 - Men's Spirituality Group](#)

Healing Prayers



The following people may need help remembering they are whole and healthy. Please, whenever you are with them and whenever you think about them... see them as whole and perfect.

Edythe Zimmerman, Miriam Zervas (Elyn's mother), Shayna Reeva bat Sara, Susan Gotlin; Masha bat Pnina, Chatz Feige bat Pnina (daughters of Pearl & Adam Atkin); Debbie Vincent, Florence Ross, Robin (Stephen Einbinder's sister), Rabbi David Novak, Michael Antonelli, Linda Sharon Carroll, Joan Rosenwasser, Richard Grove, Abby Siegel, Joan Sadik, Rita Feuerman (Rhonda Hey's mother), Roberta Vogel (Sister of Rick Vogel), John BiFolco (Trudi's son-in-law), Blanche Gulko (Bayla Rivkah bat Batya) - Mother of Judith Gulko, Maxine Brodsky (Malcha Bat Fraeda), Wayne Abbott, Steve Covert, Ilene Joseph, Ron Price, Sara Rosenbaum, Mark Friedman, Elyse Blum, Jules Hochman (father of Carole McConnell), Iris Susser, Robert Perlmutter, Andy Leeds, Jenae Rubin, Marilyn Gnapp (sister of Doris Baker), Caren Vivado, Angela Weiss, Karen Tina Sheskin, Brianna Dalnas, Cathy Spencer-Lane.

Please contact the office with requests for additions to the Healing Prayers and Condolences lists. We respect your desire to privacy and will only list with your permission. Please notify TAO office to remove names from healing.

[Feb 27 - Saturday Service](#)

[Feb 27 - Purim Havdallah](#)

[Mar 2 - Wisdom Class](#)

[Mar 5 - Friday Service](#)

[Contribute Now](#)

[Classified: Laffing Matterz](#)

[Member Benefits](#)

[Mar 7 - Meditation Mini Retreat](#)

[Mar 13 - Saturday Morning Retreat](#)

[Mar 18 - Women's Spirituality Group](#)

[May 27 - Internship Application Due](#)

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[Nourish Your Soul](#)

Meaningful Gifts



**Unique, inexpensive
and meaningful**

- Leaf on [Tree of Life](#)
- Rabbi Marc's [Ocean](#) and [Galia](#) music and [meditation](#) CDs
- Rabbi Shoni's [prayer book](#)
- [Ocean and Galia fund](#)
- [Heart to Heart](#) Message

Everything is available on our online [Store](#).

Tree of Life



Express the unique spiritual grace and energy that reflects our loving Oneness.

Mar. 20 - Road Rally



Start Time: 6:00 p.m.

Members \$36 · Non-Members \$40
Bring your friends! [Register Now](#)

Wait a Minute... What's a Road Rally?

A Road Rally is a scavenger hunt with teams in cars. Pile in the car with your friends where you'll get clues and be on the road to laughter and merriment as your team strives to win the first (or second) place trophy. The clues ultimately lead you to the location for the fabulous dinner that will top off the night!



Don't know who you'd ride with? Come and we'll match you up with a great group!

Plan for loads of fun!

Win a 36" Hi Definition TV!

\$18 - One Chance

\$36 - FIVE Chances... and \$54 - EIGHTEEN Chances.
You do not have to be present to win...

So Click "Register Now" link (above or below) to get your raffle tickets.

Meet us at 6:00 p.m. at:

10299 Royal Palm Blvd., Coral Springs in the Bank Atlantic parking lot. But [register first!](#)

If you have any questions, call chairpeople:

Rhonda Hey: 954-205-3441
Lowell Gannon: 954-240-1944

NOTE: TAO supports a cleaner planet! Greenhouse gasses generated from this event will be reduced through the purchase of Carbon offsets. For more information on carbon offsets and how you can reduce your own carbon footprint, please visit www.TerraPass.com.

That's our Tree of Life.

Gift a leaf as to your loved ones. Each honors a person or couple. Celebrate birthdays, anniversaries, graduations, births, marriages... life! [Order a leaf](#) and show someone how much you love them... forever.

Special thanks to **Sharon Raddock** for sponsoring our new Tree of Life Plaque. We thank you so very much for this eternal gift.

Photo by Elyn Zervas.

Yahrtzeit Plaque



Jewish tradition externalizes our beloved departed by honoring the blessed memory of family members who passed on (parents, siblings, aunts/uncles, children). The Yahrtzeit Plaque is a permanent memorial to your loved ones.

To add your loved one to the plaque, [click here](#).

Photo by Elyn Zervas.

Job Opportunities

TAO members looking for employers and employees are welcome to place an announcement in this newsletter at no charge.

Classified: Vacation to Peru & Nepal/Bhutan

Click [here](#) for printable flyer.

Stockler Expeditions

February 2, 2010

PERU TRIP DATES: JUNE 12-18 DESTINATIONS: Lima / Cusco / Machu Picchu / Sacred Valley / Lake Titicaca	Sunie Stockler is leading two fabulous tours this year. Join us for an experience of a lifetime.	NEPAL & BHUTAN TRIP DATES: OCTOBER 1-13 DESTINATIONS: Katmandu / Tigers Nest Monastery / Wangdue / Thimphu / Paro & Fabulous Regional Festivals
		
For reservations or for information on these trips contact our office: stocklers@Usa.net 1-800-591-2955 954-472-7163		
Join the Fun! www.StocklerExpeditions.net		

For details on running newsletter ads, [click here](#).

Feb. 25 - Men's Spirituality Group #1



NEW 8-week session

Through April 15

Attendance is mandatory
and closed after first
session!

7 p.m.

Employers wishing to [give Tzedakah](#) are invited to do so.

Email your announcement to
Jenae@SalesPowerhouse.com

Heart to Heart



Share what's in your heart: love, simchas, gratitude, life events, appreciation. . . or help promote an event that is meaningful to you. This is a sacred space where we give each other the gift of our words. \$18 donation per listing.

Thanks for the outpouring of love at the Women of Distinction Luncheon last Sunday. My cup runneth over! What a warm, beautiful event! Thanks to my folks & hubbie & kids for celebrating my being honored. Thanks to family & friends who traveled from far & near to be with me & to all who sent voice messages & tribute ads. A special thanks to the Rabbis & my TAO family for bestowing this honor upon me and for all of your hard work. Thanks to our friends at Laffing Matterz. I love you and thank you all for celebrating me!

Renee J. Greene

Congratulations to Renee Greene, Lisa Lachs, Marcia Sweedler and Ethlind Wiener, and thank you for your presence and contributions to TAO and to myself. I love you all.

Cecile Dumornay

[Click here to Share Your Heart](#)

This open and ongoing inquiry into the nature of being male emphasizes the joys, privileges, and constraints of being a Jewish male in today's world. Designed to facilitate the unfolding of our uniqueness as individual males as well as our inseparability from and bond with other men; here is an opportunity to be a "man among men."

You are encouraged to take your mask off and learn how to be intimate with other men, build empowering relationships and support other men as only men can do for each other.

Current themes include: integrity, commitment, service, acknowledgment, appreciation and gratitude.



Come home to the brotherhood of men, and take your place as a man among men. All TAO men are invited to this unique strictly-male opportunity. Please call Dr. Richard Hey if you have any questions 954-806-6601.

Once a new eight-week session has begun, the group is closed to new members until the next session begins.

Facilitator

Dr. Richard Hey has been actively involved in the Men's movement on a variety of levels since 1984. He can be reached at 954-806-6601 or DrRichardHey@gmail.com.

Location

Second Floor Conference Room at Office - 10200 West SR 84, Davie 33324. **Non-members may attend the first two sessions after which TAO membership is required.**

Directions

From Nob Hill Road, just south of SR 84, turn as if you are going into Burger King and follow the road as it curves to the right. We are just west of Imperial Lighting. There is ample parking.

Please arrive a few minutes early as the front door to the building locks at 7pm.

RSVP

954-888-1408 or TAOadmin@TAOcenter.net

Past events...

[Women of Distinction 2010](#)
[Planet Florence](#)
[Spa Day 2009](#)

[Road Rally 2009](#)
[2009 Cruise Retreat](#)
[Chanukah 2008](#)

[Campfire, November 2008](#)
[July 4, 2008](#)
[40th Tribute to Rabbi Marc](#)

Tikkun Olam

Ongoing TAO Program Cartridges for kids

Please save your used **printer** and **fax cartridges**, **laptops** and **PDA's**. Bring them to services or office. You will help save the environment and raise much needed funds.

If you own or work at a business that is willing to help collect these items, contact Renee at the office. We will arrange for pick-ups at businesses throughout Dade, Broward and Palm Beach Counties. Thank you for helping.

Help Repair the World Building & Remodeling

Building Materials

[Eco Friendly Flooring Guide](#) - Overview of health issues as they relate to wood flooring, as well as sustainability in forestry, logging, and the hardwood flooring industry general.

Bamboo - www.TeraGren.com and www.PlyBoo.com.

Natural Linoleum - It's making a comeback!

Previously used **wood** - [VintageTimber](#).

Cob, a building material consisting of

Feb. 27 - Saturday Shabbat Service



10:30 a.m. Service
Oneg Follows

Fourth Saturdays
Date exceptions noted below

Intimate... Connected... Joyful. This is how TAO does Shabbos. **Bring your drums, tambourines and your hearts** as they will be touched. What a wonderful way to start the day!

After the Service, enjoy Oneg with your congregants. **Will you sponsor Oneg?** Call the office 954-888-1408.

Upcoming Services

2010

Mar 27, Apr 24, May 29, Jun 26

Please bring non-perishable food items for our food drive as you join us in Shabbat spiritual prayer.



Members Only
Services at Rabbi Marc and Paulina's home are for TAO Members Only.
Members are welcome to bring out-of-town guests. Dress comfortably!

Location

Saturday Service is at Rabbi Marc & Paulina's home.
Call Office for address: 954-888-1408.

Parking

To keep the ability to enjoy services at the Rabbi's home, please follow this parking procedure:

At the Rabbi's house, an attendant will give you a handout with the places you may park. Rabbi Marc did a lot of work to secure parking places acceptable to

clay, sand, straw, water, and earth, similar to adobe. Cob is fireproof, resistant to seismic activity, and inexpensive. It can be used to create artistic, sculptural forms and has been revived in recent years by the natural building and sustainability movements. CobCottage.com and EcoBusinessLinks.com

Wednesdays with Rabbi



By appointment

To schedule a private meeting with Rabbi Marc Wednesday afternoon, call 954-888-1408.

PhotoShop: Elyn Zerfas

Mitzvah Corner

Help members who need rides

On occasion, members need rides to the doctor. If you're willing to help, we'd like to keep a list of people to call. Remember, we also have members looking for rides to Services as well. Please call or [email us](#) if you're willing to help.

Sponsor an Oneg

Without your help, this delightful finale of our Shabbos gatherings will change its shape. We are told that it is a wise practice to contribute to a worthy charity before praying. What better time than sponsoring an Oneg. Call the office to reserve your Oneg: 954-888-1408.

Community Service Hours for High Schoolers

his development's Board and the City. We must heed the allotments and not park elsewhere.

Please respect the neighbors if they should ask you to move your car or not park in their swale - even if they previously gave permission to park there. By being respectful of their wishes, we assure fewer problems in the future.

Feb. 27 - Purim Havdallah



7:00 p.m.

Let your hair down, **wear a costume** (or not, but do!) and have lots of fun. Games and songs and a good old time. Join us at this free benefit to TAO members. Mark your calendars now, and plan to be there.

Location: Rabbi Marc and Paulina's home.

Potluck. Desserts and libations.

Mar. 2 - Wisdom Class



Tuesdays, 7:00 p.m.

Whether you're frazzled from the day or already in a sweet space, join us for this uplifting and inspirational evening.

asdf: asdf

asdf

At Wisdom Classes, we begin with a sweet

We have many opportunities to fulfill service hour requirements. Call Anne Goldberg at 954-476-0110 to volunteer.

Donate Timeshare

Please contact the office with details: 954-888-1408.

Tell Someone You Appreciate Them

Write a Heart to Heart message. Donation is only \$18. What a mitzvah! Click [here](#) to start.

Transportation As One (TAO)



People from Miami to Aventura to Boca to Palm Beach want to attend TAO Services and Wisdom Class and are unable or uncomfortable driving. If you will take someone with you, please [email Jenae](#), and we'll update the list to help make it easy for everyone to attend and participate in our events.

Plus, it's the green thing to do! Carpooling conserves gas and offers the opportunity to enjoy your TAO friends at the same time.

Click [here](#) for a list of volunteers.

Galia & Ocean Funds

In the spirit of Tzedakah, Paulina and Rabbi Marc set up two funds at TAO - a Galia fund and an Ocean fund. A portion of these funds will be used to send toys and other needed items to Jewish and non-Jewish organizations that serve children, including Jafco.

When you share your sweetness to celebrate Galia's birthday (December 6) and Ocean's birthday (June 28) and other occasions, please donate to TAO and specify the Galia or Ocean fund instead of generously offering toys, clothing and other gifts. In this way, children will benefit from your sweet generosity.

prayer set to music. We sing, chant and dance together, opening our hearts and our minds. Then Rabbi Marc leads us through a magical, mystical journey into the wisdom of our sages. We are transfixed by his wisdom, compassion and humor. You must experience this class to understand how powerful it is. Join us and see for yourself how wise and special our teacher is and how refreshed you will feel when you leave from this evening.

Join the Kabbalah series at Wisdom Class

This series is for beginners and experienced students alike. Though we'd like you to join us every week, the program is designed so you can attend when it fits your schedule. Bring your friends!

\$10 donation [online](#) or at the door.

Location

JCC - Pine Island & Stirling Roads
Main Building, Holocaust Learning Center
[Map and directions](#)

Mar. 5 - Friday Service



Bring a friend, your children and grandchildren
Share the joy.

In our sacred services, you will feel a sense of belonging to a committed and loving group.

Learn the Prayers

[Click for free prayer book](#)

Services

First & Third Fridays
Fourth Saturday (Unless noted otherwise)
Summer Schedule Varies

Regular Friday Night Services

7:10 - Cantorial Chants
7:30 - Services Begin

Paulina and Rabbi Marc will be informed that you gifted their children and performed an act of Tzedakah in their children's honor.

Both Paulina and Rabbi Marc appreciate the health, toys and love their children have and want to give others the opportunity to share as well. To donate, [click here](#), and indicate in the Notes box which fund (Galia or Ocean) this tax deductible gift is for.

Quick Links

[Donate Now](#)
[Join Now](#)
[Post Member Listing on TAO site](#)

[Mitzvah Card - Only \\$18](#)
[Tree of Life Plaque](#)
[Yahrtzeit Plaque](#)

[Heart to Heart Message - Only \\$18](#)

[More About TAO](#)
[Buy a TAO Siddur](#)

[About Our Rabbis](#)
[What is Jewish Renewal?](#)
[Words to TAO Songs & Prayers](#)
[Monthly TAO Calendar](#)

Join a Committee

Participating on a committee enriches your life and builds meaningful relationships. Call a Committee Chairperson or the office 954-888-1408. Thank you.

Board of Directors

Rabbis

Please help setup and cleanup after Services.

You'll make it a lot easier on the Rabbi and the few people who are helping now. To help with set up, show up at about 6:30pm. Thank you so much!!

Help sign in attendees

Call Dee at the office: 954-888-1408.

2010 Schedule

March 19
April 2, 16
May 7, 21
June 4, 18
July 2, 16

Oneg Sponsors

Celebrate *your* special occasion (birthday, anniversary, promotion) or say thank you or honor someone special by sponsoring an Oneg. Full and partial sponsorships are possible. Sponsorships benefit your business too as it is publicized at the service and in our newsletter. The Rabbi will personally acknowledge and thank you.

To sponsor an upcoming Oneg, call the office to schedule: 954-888-1408.

Feel free to bring a dish to share too! Please write your name on homemade dishes for people who would like recipes. Thanks!

Shabbos Food Drive

Please bring canned food to services for those who are hungry every day of the year. We are supporting Jewish Family Services and the Food Bank. Please bring non-perishable food to services. Each time we bring our dancing feet to prayer and to The Holy One, we can fill our hands with cans. Help continue our mission.

Location

ArtServe, 1350 East Sunrise Blvd, Ft. Lauderdale.
Click here for [Directions](#).

Do a Mitzvah
[Make a Tax-Deductible Donation](#)

Rabbi Phil Labowitz
Rabbi Marc Labowitz

Founder

Rabbi Shoni Labowitz

Honorary President

Dr. Florence Ross

President

Anne Goldberg

Treasurer

Sandy King

Marketing

Jenae Rubin

Membership

Bob Heaton

Immediate Past President

Myrna Wolf

Committee Chairs

Chessed/Social Action

Janice Weintraub

High Holy Days

Dee Sacks

Membership

Shirley Shelpman

Programs

Lowell Gannon

Spirituality Groups

Men - Dr. Richard Hey

Women - Marcia Sweedler

Nichum (Bereavement)

Kate GeMeiner

Oneg

Fleur Heaton

Sandy King

Richard Horowitz

Caren Vivado

Tova Weinstock

Choir & Musicians

Anne Goldberg

Joyce Goobic

Bob Heaton

Rebbetzin Paulina

Fred Zuker

Nourish Your Soul

Classified: Laffing Matterz



For details on running newsletter ads, [click here](#).

Member Benefits



Free Member Events & Member Only (MO) Events

Mark your calendars!

Chanukah
Purim
Sukkot Havdallah (MO)
Shabbat Retreats (MO)

Wisdom Classes
Women's Spirituality Group (MO)
Men's Spirituality Group (MO)
Sunday Salon (MO)
Shabbat Services - Twice a Month (Free)
Saturday Shabbat Service at Rabbi's house (MO)
New Year's Day Shabbos for 2010 (MO)

[Join TAO now!](#)

[Join Our Mailing List!](#)

Mar. 7 - Meditation Mini Retreat



Sponsor this newsletter or make a [donation](#). We are so grateful for your love and support.

Newsletter sponsorships are \$180 for four weeks.

Call 954-888-1408

to reserve.

Your support makes a huge impact on the work we do. Many of us, without TAO, would not be affiliated. TAO, The South Florida Center for Jewish Renewal, brings a special connection to you, the Divine and Judaism.

Please remember TAO in your will. Donations to TAO are tax deductible.



This newsletter is sponsored by
Jenae Rubin

[Sales Powerhouse, Inc.](#)
[Overcome Overcoming](#)
[Objectionswww.SalesPowerhouse.com](#)

2:30 - 8:30 p.m.

[Print flyer](#)

TAO and the Broward Lotus Sangha are co-hosting a Meditation Mini-Retreat with Rabbi Jeff Roth.

Rabbi Jeff Roth is founder and director of the Awakened Heart Project for Contemplative Judaism. His teachings offer a fresh take on meditation that focuses on using the distilled wisdom of Judaism and Buddhism as a way to learn from life experience. By combining these two traditions, he presents a model that allows Westerners - Jews and non-Jews - to embrace timeless Eastern teachings without sacrificing their birth traditions. Through didactic presentations and the time to practice with the teachings, participants will learn the basic skills needed to continue practice on their own.

TAO and BLS member Emunah (contact info below) is one of Jeff's enthusiastic students and has participated in several retreats with him. She will be happy to answer any questions you may have.

Fee: \$12.00 (a simple vegetarian dinner included)

Location: ArtServe, 1350 East Sunrise Blvd., Fort Lauderdale, FL

For more info and to register: Contact Emunah Herzog (954) 940-0563 or Emunahh@aol.com.

Additional information:

www.AwakenedHeartProject.org

www.BrowardLotusSangha.org.

Mar. 13 - Saturday Morning Retreat

10:30 a.m.



The TAO Shabbos Hour Retreat is a sanctuary of silent inner reflection and sacred presence. Give yourself this hour to be soothed and transformed, through quiet prayer, euphoric chanting, gentle (Renewal-style) yoga, and holy meditation, all in a tranquil, loving environment with your TAO community and friends.

This glorious hour, led By Rabbi Marc, is fabulous for

your physical and mental health.

Upcoming Morning Retreats

- April 10
- May 15
- June 12

Location

At the home of Rabbi Marc and Paulina. *This is a members only event.*

Note: There is no Oneg.

Myrna's Musings...

"I am filled with joy and fulfillment after last Saturday's yoga/meditation/chanting Shabbos Hour Retreat at the Rabbi's home. It set the tone for my entire week. I feel so lucky to be part of this incredible community.

"I used to think Friday night TAO services were the most precious place to touch God. The love and energy swirled and then rested and then gathered momentum and then quieted again and my soul connected.

"Then I found Saturday mornings at our private sanctuary in Davie. The music and the intimacy and the soulfulness touched me deeply, and I knew this was the most precious place for me to touch God in the presence of my beloved community.

"Then I returned to our sanctuary for a gentle yoga/meditation/chanting morning, and I truly knew that this was my most precious place and time to open my heart to my God. My eyes filled with tears of joy and my soul filled with the love and fulfillment that sacred silence in the presence of loved ones can bring.

"I find the connection in many places, the mountains in the early morning, walking with a loved one on the beach, the silence of the in-between places of my life. How grateful I am to be able to share this incredibly loving God space. And I am so grateful that I know it. Really know it."

Mar. 18 - Women's Spirituality Group

7:00 p.m.



Women's Spirituality Group is a sacred circle of spiritual women who want to grow and share their souls. Participation requires no prior experience, just an open heart and willingness to be in the company of loving, accepting friends. We neither solve problems nor give advice; we listen and learn, love and accept. Please join us.

Non-members may attend twice before joining TAO.

[Location & Directions](#)

Myrna Wolf's home

Facilitator

Jenae Rubin

RSVP

MyrnaWolf07@comcast.net

954-370-7273

2010 Schedule

Even months, third Monday.

Odd months, third Thursday.

Apr 19 (Mon)
May 20 (Thurs)
Jun 21 (Mon)
Jul 15 (Thurs)

Aug 16 (Mon)
Sept 16 (Thurs)
Oct 18 (Mon)
Nov 18 (Thurs)
Dec 20 (Mon)

To be included in the email list for Women's Spirituality Group, email Marcia Sweedler

MSweedle@nova.edu

May 27 - Summer Internship Application
Due

June 21 - August 31, 2010

Isabella Freedman Summer Internship Program Elat Chayyim Center for Jewish Spirituality

Take 10 weeks at Isabella Freedman Jewish Retreat Center in the foothills of the Berkshires to discover yourself through our unique internship program, incorporating: Jewish spiritual practice; healthy, natural living; service to others; and membership in a loving, inclusive community within which to connect deeply to Jewish life, learning, lore, and spirituality.

As an intern, you will give 36 hours each week of service to facilitate the experience of summer retreat participants. You will choose the study opportunities that interest you, and learn from great teachers of esoteric, spiritual, artistic, and grounded aspects of Judaism. You will help build a conscious community and develop personally motivating spiritual practices. You will have daily and weekly opportunities to explore meditation, yoga, communal prayer, organic gardening, Torah study, the great outdoors, and Shabbat.

Throughout the course of the program, you will dwell in a community rooted in emotional safety, mutual respect, and authentic sharing. This conscious community supports each individual's exploration of self, God, Jewish identity, and personal relationships in a vibrant, deep, and inclusive Jewish context.

Interns generally range in age from 20s to 60s. They come from all over the world and from diverse backgrounds with different levels of Jewish education and practice. Interns may work in recreation (lifeguard at pool and lake, nature hiking, rope course and rock scramble), arts and crafts, children's program, kitchen, housekeeping, retreat and A/V production, &/or guest services.

It is important that interested applicants are: willing and able to work hard and to see work itself as a spiritual practice; willing to co-create and participate wholeheartedly in a respectful and caring, multi-generational and diverse community of interns, staff members, teachers, and retreat participants.

The Internship program costs \$180 including work, all programs, very basic housing, and wholesome kosher meals. Spaces are limited. Acceptance into the program is at the sole discretion of the Summer Internship Coordinator and Isabella Freedman's executive leadership. The program is trans-denominational and inclusive.

Applying to the Program

Please visit [our website](#) for the 2010 Summer

Internship Application. Email application to Rhonda Rosenheck at ECinternship@IsabellaFreedman.org. Admission is rolling, with no applications taken later than May 27, 2010.

The program application fee is \$80. If you are accepted as an intern and choose to participate in the program, this \$80 application fee will be applied towards the \$180 Internship Program fee. If you are not accepted into the Internship Program, we will refund your \$80 application fee.

Reminders

Do you remember the sweet reminder calls

Rabbi Marc used to send on Thursdays prior to Services? We'd like to bring them back again. Will you sponsor the calls for the next 12 months? If so, we're seeking you. What a mitzva it will be to restart this lovely practice. Please call the office with your donation, or click here to [donate online](#) now. Please indicate "Reminder Calls" in the message box if donating online. Thanks... LOTS! Your sponsorship will bring much joy to our community.

We'd like to help celebrate your birthday

Click here to [email](#) your birth date (we don't need the year).

We're out of room on our Yahrtzeit Plaque

Please sponsor a new one. Call Renee in the office for details: 954-888-1408. Thanks for helping us and everyone else who participates in this eternal gift.

TAO Networking...

A place where members showcase their business. Click here or look for [Networking](#) on the [TAO home page](#). Members, add your listing by clicking "Join Network" in top right corner. Your listing will appear the day your membership status is verified.

If you wish to offer a discount to TAO members, indicate such.. and welcome to the Network!

Join TAO



**Have you been to a few
Services or classes?**

It's membership renewal time.

[Join online now](#)

[Review membership packages and print forms](#)

Membership Benefits

- Free Admission to High Holy Days
- Saturday Shabbos Services at Rabbi's Home
- Discounts at most TAO Events
- Reduced Advertising Rates in this Newsletter
- Member Only Events like Women's and Men's Spirituality Groups

And most importantly, you support and are a part of a joyous, loving community where you expand your heart within a Jewish framework. *Nothing beats that!*

Your membership empowers TAO and Jewish Renewal. Your participation is crucial to the continuation and growth of a home for us. Just as in an election where each vote counts, your personal contribution tells us that you care and are willing to be counted as a supporter of our Jewish Renewal Center. Your membership allows the continued growth of our community.

Please consider donating the higher level of membership, for there are some who cannot afford even the basic level of giving. We turn no one away, and your donations help us support all who need us. Anyone who wants to pray with us is welcome.

What you derive from membership is priceless and often cannot be put into words, but without the price, we can't offer the service.

[Join online now](#)

[Review membership packages and print forms](#)