

TAO - The South Florida Center for Jewish Renewal

Since 1986



SHALOM AND WELCOME



Phone: 954-252-1313 · Fax: 954-252-1414 · Email: TAOadmin@TAOcenter.net
9895 Griffin Road · Cooper City, FL 33328 · www.TAOcenter.net

Upcoming Programs & Events

TAO Events to
Schedule
October 30, 2008

New this week

Wisdom Classes are postponed until we find a new, centrally-located meeting place. If you know of a space that can accommodate 30-40 people and can be "borrowed" Monday eves, call the office, 954-252-1313.

October 30 Organizational Meeting at 6:30pm for the Road Rally & Dinner. Not only will the event be a blast, so will planning it! Road Rally Leaders Rhonda Hey 954-205-3441 and Lowell Gannon 954-240-1944. Meeting Location - Ruby Tuesday: 7736 W Commercial Blvd. (in front of Target). RSVP Please let us know if you can join us or would like to work on the committee.



[Register](#) for **November 22 Inner Peace Campfire, Dinner & Auction.** [Donate an auction gift or service.](#) Read full article below... there's LOTS of new stuff in the article! As usual, there's no registration at the door.

Join us for "Drumming in the New Year." When? New Year's Eve, of course! Save the date for a TAO New Year's Eve like no other. Details will follow.

Save the morning - Sunday, January 11, 2009, 10 am. This "Sunday Salon" (for men and women) will be facilitated by Rabbi Shoni Labowitz and Dr. Lisa J. Sirota-Weiner. Keep your eyes open for details in upcoming newsletters.

[Join Our Mailing List!](#)

Welcome to TAO

At TAO, you find joy, meaning & purpose to life. We identify universal truths rooted in Torah, Kabbalah and other traditional Jewish sources and draw deeply on our inner truths, communal wisdom and spiritual traditions in accordance with the ongoing process of the living Torah.

Meditation, dance, chanting, song and music, present in Judaism throughout the ages, is an integral part of our services.

Join us and embark on a spiritual journey into your Jewish soul!

Healing Prayers



Prayer Requests

The following people may need help remembering they are whole and healthy. Please, whenever you are with them and

Please volunteer to buy Oneg food on a regular basis. Doing Oneg is very satisfying. So many people enjoy what you've done... it's a really good feeling. So, now it's time for someone new to reap the benefits of providing this wonderful service for our community. Please see Annie, and she'll explain what's involved. Thank you. Thanks you!

Please volunteer to help sell Rabbi Marc's beautiful CDs before Services Friday nights. If you regularly attend and are willing to help, please call Renee: 954-252-1313. Thanks!!!

In the next few weeks

Oct 30 - Road Rally Committee Meeting
Nov 07 - Friday Shabbos Service

Nov 18 - Women's Spirituality Group
Nov 22 - Inner Peace Campfire & Auction

[Click here to print a copy of the TAO calendar](#) to post on your refrigerator.

For your information

Click and Go! Click any item "In this Issue" below, and you will go there directly.

Forward a copy of this email to friends and family who will enjoy TAO.

To unsubscribe, simply click SafeUnsubscribe on the bottom.

In This Issue

[High Holy Day Catch Up](#)

[Deja Vu](#)

[Jewish Singles 50+ Party](#)

[Reminders](#)

[Classifieds](#)

[Nov 7 - Shabbos Service](#)

whenever you think about them... see them as whole and perfect.

Richard Hey, Nan-Beth Goldstein, Maxine Kander, Esther Lifshutz, Marilyn Gnapp (sister of Doris Baker), Leyla Sicilia, David Leonard (Kathy Leonard's son), Chris Hogan (cousin of Charles Tischler), David Silverman (Ken Gilgoff's uncle), Gabi Boraks (Carole Constad's cousin), Martin Sutker (Carole Constad's son-in-law), Patti Halprin, Heather Kornick, Caren Vivado, Ephraim ben Mira Leah (Greg), Rochelle Tishchler's nephew, Angela Weiss, Wayne Andrew, Edward Seitz, Karen Tina Sheskin, Yonah bat Mazel Tov, Yitzchak Ben Rachel Yisraelit, Brianna Dalnas, Myrna Greissman and Josh Gardner.

Please contact the office with requests for additions to the Healing Prayers and Condolences lists. We respect your desire to privacy and will only list with your permission. Please notify TAO office to remove names from healing.

Transportation As One (TAO)



There are people from Miami to Aventura to Boca to Palm Beach who want to attend Services and Wisdom Class and are unable or uncomfortable driving. If you are willing to take someone with you, please email [Jenae](#), and we'll update the list to help make it easy

[Nov 18 - Women's Spirituality Group](#)

[Nov 22 - Havdallah](#)

[Nov 29 - Saturday Service](#)

[Dec - Young Spirituality Group](#)

[Wednesdays with Rabbi Marc](#)

[Join TAO](#)

[Nourish Your Soul](#)

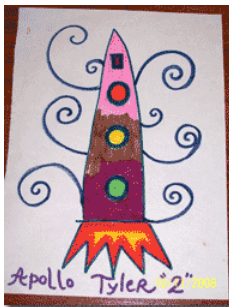
High Holy Day Catch Up

In our list of thanks to High Holy Days volunteers, we omitted mentioning **Ariana Schatzberg** and **Brittany Hughes**. Thank you so much.



On Yom Kippur, **Rebbetzin Paulina** ran the **TAO School of the Arts** for the children. This included music, of course, video appreciation and arts and crafts.

The music department was held by **Robbie Goldberg** and his bandmates.



The video appreciation was led by **Adriana Shatberg** and Brittney.

Arts and crafts was led by the Rebbetzin. The kids met while their parents prayed. Some parents stayed and helped.



Click [here](#) to see all the art the children created. We had a lot of fun. Thanks to everyone who participated and helped.

for everyone to attend and participate in our events.

Even if you don't mind driving, it's the green thing to do! Carpooling will conserve gas and offer the opportunity to enjoy your TAO friends at the same time.

Click [here](#) for a list of volunteers.

Job Opportunities



TAO members looking for employers or employees are welcome to place a one paragraph announcement in the TAO newsletter at no charge. Employers wishing to [give Tzedakah](#) are invited to do so. Email your announcement to Jenae@SalesPowerhouse.com

Rochelle Tischler is seeking part or full time position.

Excellent computer skills. Great phone personality. Full myriad of office skills. Good with people. Multi-tasker. Flexible. Contact Rochelle Tischler at (954) 249-6941 or RTisch2147@aol.com.

Bob Offer is seeking immediate work:

Warehouse, maintenance, painting, etc. I'm good at organizing, event planning etc. I can do salaried selling and marketing of all types. I've opened and run four companies, two in Europe and, of course, can drum and play the flute. I can help you launch a new career in extreme life make-overs to help others avoid the mistakes I made (financial

Big Brothers Déjà Vu



Ana Cedona sent these great shots from the annual Big Brothers Big Sisters Déjà Vu event last Saturday night - especially the one of Rabbi Phil and his angels. TAO supports Big Brothers Big Sisters.



Jewish Singles 50+ Party

The October 25 mixer was a great success. Those of us who attended had a blast... good people, good food and good grub.

The highlight of the evening was singing "karaoke Oldies but goodies." We reminisced, sang and danced our hearts out for a few hours.

If you missed out, you will want to be at the next one. Bringing a friend of the opposite sex is a great way to meet other like-minded singles in a relaxed friendly environment. More news as we have it!

life planning), make-over spiritual and personal life purpose counseling, health, etc., do deep home cleaning and garage sales. References on request. Call Bob at (954) 801-8300 or Bob@OfferInc.com

Heart to Heart



Share what's in your heart: simchas

, gratitude, love, appreciation, life events. This is a sacred space where we give each other the gift of our words. \$18 donation per listing.

[Share your heart.](#)



View [pictures](#) of the July 4 Picnic & Drumming Circle.

[Read about the cruise](#) and Rabbi Marc's teachings.

View [pictures](#) of the 40th Tribute to Rabbi Marc.

Oneg Sponsors

Please sponsor a Friday Shabbos or Saturday Shabbat Oneg, contact Renee or Dee at (954) 252-1313.

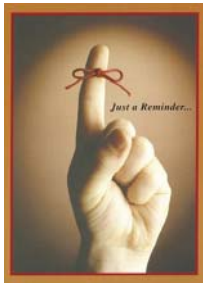
Great Books & CDs



Congratulations to Rabbi Marc & Pauli

na on the release of their first three professionally recorded CDs!

Reminders



Wow! We're running out of room on our Tree of Life and Yahrtzeit Plaques.

Please sponsor the new one. Call Renee in the office for details: 954-252-1313. Thanks for helping us and everyone else who participates. This is an eternal gift.

We are searching for new office space in close proximity to Hiatus and 595 in Davie. **If you have 3-4 rooms you are willing to lease to TAO, please let us know.**

Please sponsor an Oneg. Without your help, this delightful part of our Shabbos gatherings will change its shape. We are told that it is a wise practice to contribute to a worthy charity before praying. What better time than sponsoring an Oneg, which is after praying. Please call the office to reserve your Oneg. (954-4252-1313). Oneg sponsorships are available for many Services throughout the balance of 2008.

Parents... Does your high school student need Community Service Hours? TAO and Rabbi Marc have many opportunities to fulfill service hour requirements. Call the Rabbi at 954-822-8430 or Anne Goldberg at 954-476-0770 to volunteer.

Do you have a timeshare you're not using or are willing to donate to TAO for fundraising? Please contact the office with details: 954-252-1313.

Run a classified ad or advertise your business in this newsletter. It's very affordable... and tzedakah to TAO. What a great double benefit! Look at the article below. [Click here](#) to purchase your classified ad. Each ad runs for one month. WOW!

Tell someone how much you appreciate them. Write a Heart to Heart message. Donation is only \$18. What a mitzvah! Click [here](#) to start.

Chair our P.R. Committee. Call Myrna Wolf to volunteer or for answers to questions: (954) 370-4528 or email MyrnaWolf07@comcast.net.

Classified Ads

In this section, you may run a Classified ad for your business, garage sale, etc. It's \$36 (members) \$54 (non-members) and the ad runs for one month. NOTE:

Order them online as well. Click [here](#) for song lists and details... and do note that 100% of the proceeds from the CD sales go to support TAO. It's Rabbi Marc's gift to the community. Thank you!!!

Ongoing Programs

Affiliate Relationships

When you buy through the ads in our newsletter or the ones on the TAO home or links pages, TAO receives a donation for every purchase you make. It's an easy way to give, and we appreciate it. Thank you! Amazon.com - You know them for new, like new, and used books, DVDs & VHS. You can also buy BRAND NAME clothing & accessories; computer, office supplies & electronics, food, groceries & household items; health & beauty; home & garden; kids & toys; sports & fitness; tools & automotive.

[Israel Catalog](#) - Everything Jewish! Holidays (Pesach, Purim, Chanukah), jewelry, encyclopedias, learn Hebrew, videos & DVDs, natural sea beauty products, gifts, music, software, books and magazines, art, Judaica.

[Judaica Plus](#) - Home, gifts, books, simcha, holidays, Shabbat, music & DVDs, software, kids, religious supplies, and everyone's favorite... clearance.

[Kabbalah Corner](#) - Original and authentic Kabbalah items including: Jewelry (Amulets, Rings, Pendants, Bracelets), Multi-media music CDs, Mezuzahs and decorative items. Free Red String with purchase of any jewelry item.

Newsletter is published on Thursday mornings. Ads received by Tuesdays will be in the following Thursday's newsletter. Each ad is up to five lines which may include a link to your website. Include a photo for only \$18 more. [Click here to purchase your ad.](#)



Ultimate Body Transformation Workout

Six-week Foundation class beginning in October. Enjoy 90 minute mind-body workouts of strength-training, dance, orthopedic back exercises and yoga. [Click here for more info](#) or call 954-272-8596.

Nov 7 - Friday Service



Bring a friend, your children and grandchildren.
Share the joy.

In our sacred services, you will feel a sense of belonging to a committed and loving group.



Thanks to Trudi DiGrazia for co-sponsoring last week's Oneg in honor of her grandson Michael DiFolco's marriage to Stephanie... **and to an anonymous donor** in honor of the October birthday including Sandy Goldman and Rabbi Shoni.

We need a sponsor for November 17th Oneg. Call 954-252-1313 to celebrate with us.

Please bring canned food for our food drive.



Services:

First & Third Fridays
Fourth Saturday (Unless noted otherwise)
Summer Schedule Varies

Regular Friday Night Services

7:10 - Cantorial Chants
7:30 - Services Begin

Please help set up and break down. You may just show up (at about 6:30pm) or contact the office (954-252-1313) for details or to advise us of your wish to help. Thanks for this mitzvah.

Tree of Life



Expressing the unique spiritual grace and

energy reflecting our loving Oneness. . . that's our Tree of Life.

Gift a leaf as to your loved ones. Each honors a person or couple. Celebrate birthdays, anniversaries, graduations, births, marriages. . . life! [Order a leaf](#) and show someone how much you love them. . . forever.

Cartridges for kids

Please save your used printer and fax cartridges, cell phones, laptops, and pda's. Bring them to services or the TAO office. You will help save the environment and raise much needed funds.

If you own or work at a business that is willing to help collect these items, contact Renee at the office. We will arrange for pick-ups at businesses throughout Dade, Broward and Palm Beach Counties. Thank you for helping.

TAO Networking...

A place where members showcase their business. Look for "Networking" on the home page under "Find it Fast." Members may add their listing, by clicking on "Join Network" in top right corner. Your listing will appear the day your membership status is verified. If you wish to offer a discount to TAO members, indicate such.

Please help with cleanup after Friday Services.

Very few people do, and it's a lot of pressure on the Rabbi and the few who are. Thank you so much!!

If you are willing to help sign in attendees to Services, please call Dee at the office: 954-252-1313.

Upcoming Service Schedule

Schedule these dates in your calendar:

2008

Nov 21

Dec 5

2009

Jan 2 and 16

Feb 6 and 20

Mar 6 (Purim Service) and 20

Apr 3 and 17

May 1 and 15

Jun 5 and 19

Oneg Sponsors

Celebrate your special occasion (birthday, anniversary, promotion) or say thank you or honor someone special by sponsoring an Oneg. Full and partial sponsorships are possible. Sponsorships benefit your business too as it is publicized at the service, in our [newsletter](#) and website. The Rabbi will personally acknowledge and thank you.

To sponsor an upcoming Oneg, call the office to schedule: 954-252-1313.

Feel free to bring a dish to share too! Please write your name on homemade dishes for people who would like recipes. Thanks!

Shabbos Food Drive

Please bring canned food to services for those who are hungry every day of the year. We are helping the Broward County Cooperative Feeding Program, so bring non-perishable food to services. Each time we bring our dancing feet to prayer and to The Holy One, we can fill our hands with cans. Help continue our mission.

Location

ArtServe, 1350 East Sunrise Blvd, Ft. Lauderdale. Click here for [Directions](#).

Friends Make TAO More Fun!

Forward a copy of this email to your friends and family. There's a link in the bottom left corner of this email. Clicking here allows you to send it to multiple people at once and to add a note telling them what events you are going to and invite them to join you. The more the merrier!

Patrons

We apologize for any oversights. Please let us know if we forgot to list you. List updated quarterly.

Adam & Pearl Atkin
Elaine Bloom
Jo Bacher Bloom
Ken Fisher
Patti Halprin
Fleur & Bob Heaton
Rochelle & Richard Horowitz
Sandy King
Dianne & Nolan Lerner
Roz & Robert Perlmutter
Sharon Raddock
Joan Rosenwasser
Florence Ross & Andy Leeds
Kim & Scott Rothstein
Jenae Rubin
Elena & Bruce Sher
Bob Schwartz
Barry Snyder
Marcia Sweedler
Carrie Wasserman
Lisa & Doug Weiner
Ethelind Wiener & Renee Deleeuw
Linda & Jeffrey Weissman
Irene Yovu

Nov 18 - Women's Spirituality Group



Third Tuesday
7 pm

NOTE: This month we're meeting the fourth Tuesday.

Women's Spirituality Group is a sacred circle of spiritual women who want to grow and share their souls. Participation requires no prior experience, just an open heart and willingness to be in the company of loving, accepting friends. We neither solve problems nor give advice; we listen and learn, love and accept. Please join us.

Location & Directions: Myrna Wolf's home

Facilitator: Helen Skinner

RSVP - MyrnaWolf07@comcast.net or 954-370-4528.

If you are not on the email list for the women's spirituality group and would like to be, email Marcia Sweedler at MSweedle@nova.edu.

***NOTE: Non-Members may attend two Member Events as Guests before joining TAO.**

Nov 22 - Inner Peace Campfire, Dinner & Auction



7pm
Dinner, Campfire & Auction

\$30 - Members
\$40 - Non-Members & Guests
\$5 off - Attendees under 25, over 75

Children under 8, free

Reserve your place! At this blessed event, we sing in prayer, dance, drum, socialize, eat (of course!) and shop (of course, of course!)

A big thank you to the Zveibels. This Fall's Campfire is at the beautiful home of our new members Dottie & Robert Zveibel. Their home, in *Stonebrook* in Davie, was originally built and furnished by super model Nikki Taylor. What fun!

Dinner Menu - Salmon or Tilapia, Corn, Potatoes, Eggs,

Volunteers

We apologize for any oversights. Please let us know if we forgot to list you. List updated quarterly.

Elaine Bloom
Ana Cedeno
Penny Cheever
Carole Constad
Trudi DeGrazia
Joyce Finn
Rebekah Foley
Carey Frank
Lowell Gannon
Kate GeMeiner
Anne & Robbie Goldberg
Sandy Goldman
Joyce Goobic
Ron Gotlin
Yoav Greenberg
Renee Greene & Michael Fish
Patti Halprin
Bob & Fleur Heaton
Rhonda Hey
Carol & Les Himmel
Hank Himmelbaum
Herb Hoffman
Rochelle & Richard Horowitz
Keith Kander
Joel Kay
Cory Kennedy
Sandy King
Richard Kramer
Debbie Kugelman
Ann & Alan Kurtzman
Paulina Labowitz
Lisa Lachs
Kathy Leonard
Donna Levine
Vicky Lichtman
Heidi List
Ron Lowther
Ynge Ljung
Rivka Maidan
Scott Mayer
Brenda & Holly Roderman
Gail Rogers
Karen Rosenfeld
Florence Ross
Jenae Rubin
Dee & Lee Sacks
Andrea Santiago
Steve Schatzberg
Norma Seegal
Shirley Shelpman

Vegetarian Lasagna. BYOB! We're seeking a \$180 Food Sponsor. Please sign up online.

IF YOU'RE THINKING OF JOINING TAO, DO IT BEFORE THE EVENT AND COME FREE!

Other activities will include sessions like Drumming Workshop, Gratitude Dance to Creole Music, Folk Music, marshmallows!

Artists, Authors, Health Practitioners, please make a donation to this holy evening's auction. [Click here for Donation Form](#) call Penny at 954-317-2529 or email her at Chee1927@yahoo.com. **In addition, if you would like to sell your wares at the TAO Bazaar at this event, you may!** Call Penny for details: 954-317-2529.

Click [here](#) to read about our last Campfire.

You may bring a blanket or chair for additional comfort. If you wish, feel free to bring something (non-dairy) to share as well.

[Register online now](#). **There's no registration at the door!**

Nov 29 - Saturday Shabbat Service



10:30am - Late afternoon

Join us for our monthly Saturday Shabbat service (Fourth Saturday. See date exceptions noted below)...

Intimate... Connected... Joyful.
This is how TAO does Shabbos.

Bring your drums, tambourines and your hearts as they will be touched. What a wonderful way to start the day! Please join us. You'll be delighted you did.

After the Service, enjoy Oneg with your congregants.
Will you sponsor this Oneg? Call the office 954-252-1313.

Parking

We want to make sure we don't lose the ability to continue to have services at the Rabbi's home, so please follow this parking procedure:

Drive to the Rabbi's house. An attendant will give you a handout with the places you may park. **YOU MAY NOT PARK ANYWHERE YOU WISH.** Rabbi Marc did a lot of work to secure parking places acceptable to his development's Board and the City. We must respect the

Carli Shendell
Marti Sinnreich
Helen Skinner
Louise Soowal
Steve Sperber
Hindy Stegman
Arnie Steinberg
Marcia Sweedler
Charles & Rochelle Tischler
Caren Vivado
Janice Weintraub
Dr. Lisa J. Sirota-Weiner
Arnie Welber
Linda & Jeffrey Weissman
Ethelind Wiener
Myrna Wolf
Elyn Zervas

Join a Committee

Participating on a committee enriches your life and builds meaningful relationships. Call TAO today: 954-252-1313 or a Committee Chairperson. Thank you.

Board of Directors

Rabbis

Rabbi Phil Labowitz
Rabbi Marc Labowitz

Founder

Rabbi Shoni Labowitz

Honorary President

Dr. Florence Ross

President

Anne Goldberg

Treasurer

Sandy King

Marketing

Jenae Rubin

Membership

Bob Heaton

At Large

Rochelle Horowitz

Immediate Past President

Myrna Wolf

Committee Chairs

Chessed/Social Action

Janice Weintraub

High Holy Days

Dee Sacks

Membership

allotments and not park elsewhere.

Please respect the neighbors if they should ask you to move your car or not park in their swale - even if they had previously given permission to park there. By being respectful of their wishes, it will guarantee fewer problems in the future.



Note
Services at Rabbi Marc and Paulina's home are for TAO Members Only.

Members are welcome to bring out-of-town guests. Dress comfortably!

Member Event Location
Saturday Service meets at Rabbi Marc & Paulina's home. Call the office for address and directions (954-252-1313).

Please bring non-perishable food items for our food drive as you join us in Shabbat spiritual prayer.

Upcoming Saturday Service Schedule (Fourth Saturday unless noted)

Dec - TBD
Jan - 24
Feb - 28
Mar - 28
Apr - 25
May - 30 (Yizkor Service, Shavuot) (5th Saturday)
Jun - 27

Dec ?? - Young Spirituality Group

Time TBD

Open to those in their 20's-30's.

The topic for discussion is up to you this time! Please email or call Andrea with discussion ideas.

Bring a friend. Make a friend,
Andrea

R.S.V.P. for directions

Questions? Contact chairperson
Andrea_Santiago@msn.com.

Shirley Shelpman
Joyce Finn

Spirituality Groups

Men - Rabbi Marc
Women - Marcia Sweedler
Young - Andrea Santiago

Nichum (Bereavement)

Kate GeMeiner

Oneg

Anne Goldberg
Patti Halprin
Fleur Heaton
Sandy King
Gail Rogers
Marti Sinnreich
Caren Vivado
Elyn Zervas

Spirit at Sea

Marcia Sweedler
Trudi DiGrazia

Choir & Musicians

Carey Frank
Anne Goldberg
Joyce Goobic
Bob Heaton
Rebbetzin Paulina

Wednesdays with Rabbi Marc



**Wednesday
afternoons**
*By
appointment*

Every
Wednesday,
Rabbi Marc
holds office
hours by appointment. Call
954-252-1313 to schedule a
private meeting.

[Directions to TAO Office](#)

Quick Links

[Donate Now](#)
[Join Now](#)
[Post Member Listing on TAO site](#)
[Send a Mitzvah Card - Only \\$18](#)
[Tree of Life Plaque](#)
[Yahrtzeit Plaque](#)
[Send Heart to Heart Message - Only \\$36](#)
[Listen To TAO Music](#)
[Buy a TAO Sidor](#)
[More About TAO](#)
[What is Jewish Renewal?](#)
[About Our Rabbis](#)
[Monthly TAO Calendar](#)
[Words to TAO Songs & Prayers](#)
[TAO Affiliates & Recommended Sites](#)

Join TAO



Membership Benefits

- Free Admission to High Holy Days
- Saturday Shabbos Services at Rabbi's Home
- Discounts at TAO Events
- Reduced Advertising Rates in this Newsletter
- Attendance at Member Only Events like Women's and Men's Spirituality Groups

And most importantly, you will support and be a part of a joyous, loving community. *Nothing beats that!*

Your membership empowers TAO and Jewish Renewal. Your participation is crucial to the continuation and growth of a home for us. Just as in an election where each vote counts, your personal contribution tells us that you care and are willing to be counted as a supporter of our Jewish Renewal Center. Your membership allows the continued growth of our community.

Please consider donating the higher level of membership, for there are some who cannot afford even the basic level of giving. We turn no one away, and your donations help us support all who need us. Anyone who wants to pray with us is welcome.

What you derive from membership is priceless and

often cannot be put into words, but without the price, we can't offer the service.

[Join online now.](#)

[Review membership packages and print forms.](#)

Nourish Your Soul



Donations to TAO are tax deductible.

Sponsor this newsletter or make a

[donation](#). We are, as always, so grateful for your passion and love for TAO.

Newsletter sponsorships are \$180 for one week and \$480 for four. Call 954-252-1313 to reserve your dates.

Your support makes a huge impact on the work we do. Many of us, without TAO, would not be affiliated. TAO, The South Florida Center for Jewish Renewal, brings a special connection to you, the Divine and Judaism.

Please remember TAO in your will.

This newsletter is sponsored by Jenaé Rubin of Sales Powerhouse: [Overcome Overcoming Objections, Sales Training & Consulting](#).